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Case and Review

Primary Cutaneous Cryptococcosis due to *Cryptococcus neoformans* in an Immunocompetent Host Treated with Itraconazole and Drainage: Case Report and Review of the Literature

Elizabeth Gaviria Morales^a Marco Guidi^{b, c} Tomas Peterka^{b, d}
Andrea Rabuffetti^a Roland Blum^e Carlo Mainetti^a

^aDepartment of Dermatology, Ente Ospedaliero Cantonale, Bellinzona, Switzerland;

^bDepartment of Orthopedics and Traumatology, Ente Ospedaliero Cantonale,

Bellinzona, Switzerland; ^cDepartment of Plastic Surgery and Hand Surgery, University

Hospital Zurich, Zurich, Switzerland; ^dDepartment of Orthopedics and Traumatology,

Santa Chiara Clinic, Locarno, Switzerland; ^eDepartment of Dermatology, Inselspital Bern

University Hospital, University of Bern, Bern, Switzerland

Keywords

Cryptococcus neoformans · Primary cutaneous cryptococcosis · Immunocompetent host · Ulcer · Itraconazole

Abstract

Cryptococcus neoformans is an opportunistic germ, usually causing infections in immunocompromised patients. The main sources of infection with *C. neoformans* are excrement from birds, decomposing wood, fruit, and vegetables. Primary cutaneous cryptococcosis (PCC) is a clinical

entity, differing from secondary cutaneous cryptococcosis and systematic infection. We report the case of an immunocompetent 60-year-old woman with PCC due to *C. neoformans* in her right thumb. She reported an accidental injury caused by a rose thorn while she was gardening. Clinical examination showed the presence of an erythematous ulcerated nodule with elevated borders, suppuration, and central necrosis. Skin histology examination showed cutaneous and subcutaneous fibrinoid necrosis with bleeding, abscess, neutrophil-rich cellular infiltration, and the presence of PAS-, Grocott- and mucin-positive spores. The mycological culture showed milky and creamy colonies of *C. neoformans* after 3 days. As there was no previous history of pulmonary cryptococcosis, we diagnosed PPC. We treated the patient surgically with accurate debridement of nonvital tissues in the right thumb. In addition, we started itraconazole treatment 100 mg twice daily for 6 months, which led to rapid clinical improvement without relapse. PCC is a rare infection that can present with quite unspecific clinical pictures including acnei-form lesions, purpura, vesicles, nodules, abscesses, ulcers, granulomas, pustules, draining sinuses, and cellulitis. Prolonged systemic antifungal therapy is necessary in order to get a healing result without relapse. We summarize all the cases of PCC in immunocompetent patients published so far in the literature.

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Introduction

Cryptococcus neoformans is an opportunistic germ, usually causing infections in immunocompromised patients. The main sources of infection with *C. neoformans* are excrements from birds, decomposing wood, fruit, and vegetables. Primary cutaneous cryptococcosis (PCC) is a clinical entity, differing from secondary cutaneous cryptococcosis and systemic infection [1–4].

We present the case of an immunocompetent woman with PCC due to *C. neoformans* in her right thumb, together with a review of the current literature.

Case Report

A 60-year-old woman presented to our department with a 4-day-old swelling and erythema around the right thumb, having already been treated with cefuroxime for 3 days by her general practitioner without any improvement. She reported an accidental injury 5 days previously caused by a rose thorn while she was gardening. The patient was in good health and had not taken any immunosuppressives or other drugs. There was no history of any contact with avian excretions, pigeons, or other animals, and she denied recent travelling.

On dermatological examination, we found an erythematous ulcerated nodule with elevated borders, suppuration, and central necrosis (Fig. 1a). There was no regional lymphadenopathy and no other skin involvement. Routine blood examination, a total lymphocyte count, and blood immunoglobulins were normal. The C-reactive protein level was 55 mg/L, while the erythrocyte sedimentation rate was 77 mm/h. HIV and hepatitis B and C serology results

were negative. X-rays of the chest and the right thumb were also normal. At first, we suspected a bacterial or herpetic infection, but the lesion swab cultures for bacteria and the PCR examination for *Mycobacterium* as well as herpes simplex virus were also negative. We performed a biopsy for histological examination from skin lesion fragments after surgical debridement, removing necrotic tissue from the right thumb (Fig. 1b). The histology picture showed cutaneous and subcutaneous fibrinoid necrosis with bleeding, an abscess forming, neutrophil-rich cellular infiltration, and the presence of multiple PAS-, colloid iron- and mucin-positive spores (Fig. 2).

A swab sample from the lesion was inoculated on tubes with slide Sabouraud chloramphenicol and BBL™ Mycosel™ agar and incubated at 30 and 35°C. On day 3, milky and creamy colonies of *C. neoformans* started to grow on the Mycosel agar at 30°C. Then, colonies were transferred to an agar plate (Sabouraud chloramphenicol agar and ChromID Candida; bioMérieux) and incubated at the same temperatures. Microscopical examination showed globose-to-ovoid, budding, yeast-like cells. Identification of *C. neoformans* was possible with matrix-assisted laser desorption ionization-time of flight mass spectrometry [5]. We diagnosed PPC in an immunocompetent patient.

For antifungal susceptibility assessment, we used the European Committee on Antimicrobial Susceptibility Testing (EUCAST) guidelines [6]. The antifungals tested were amphotericin (0.5 mg/L), ketoconazole (0.64 mg/L), itraconazole (0.121 mg/L), 5-fluorocytosine (1 mg/L), voriconazole (0.064 mg/L), and fluconazole (4 mg/L).

In addition to the debridement, we performed two lateral incisions in a sterile area next to the medial and lateral perionychium to drain collections. The necrotic epidermis of the fingertip was completely detached in its superficial layer. After the surgical debridement, the patient needed periodic dressing. Complementary to surgical therapy, we started treatment with itraconazole 100 mg/12 h for 6 months, with rapid clinical improvement and without relapse to infection during the 6-month follow-up after the systemic antifungal therapy (Fig. 3).

Discussion

The genus *Cryptococcus* comprises the two clinically relevant species *C. neoformans* and *C. gattii* among few other species. Whilst *C. neoformans* is mainly observed in patients with immunodeficiency and rarely in immunocompetent patients, *C. gattii* is found in immunocompetent patients in endemic areas [4, 5]. The main sources of infection with *C. neoformans* are excrements from pigeons or other birds, as well as decomposing wood, fruit, and vegetables [3]. *C. gattii* is not present in birds' feces, but it inhabits a variety of arboreal species, including several types of eucalyptus tree [1].

PCC is a separate clinical entity distinct from secondary cutaneous cryptococcosis, the latter of which mainly occurs in patients with lung cryptococcosis and systemic infection. Generally, secondary cutaneous cryptococcosis infection occurs in immunocompromised hosts and rarely in immunocompetent hosts [7, 8]. PCC is a rare infection that can present with quite unspecific clinical pictures, including acneiform lesions, purpura, vesicles, nodules, abscesses, ulcers, granulomas, pustules, draining sinuses, and cellulitis [9, 10].

For a long time, the existence of PCC as a clinical entity had been in doubt. In the year 1972, Noble and Fajardo [10] proposed three diagnostic criteria for PCC (Table 1). We recorded the features of both our case and the 21 additional cases of PCC in immunocompetent patients due to *C. neoformans* in the last 20 years [11–27]. We excluded cases of PCC due to *C. gattii*, which is well known to be a cause of infection of immunocompetent patients in endemic areas [1]. Our case and the other cases reviewed fulfill all diagnostic criteria by Noble and Fajardo (Table 1).

Parameters such as year of diagnosis, age, gender, predisposing factors, clinical manifestation(s), treatment prescribed, and outcome are reported separately (Table 2). The male sex was more affected (17/22 cases). The patients' ages ranged from 10 to 81 years (mean 60.13). The most frequent site of infection was the forearm (9/22), followed by the hand and fingers (6/22). Clinical manifestations consisted of nodules, sometimes ulcerated (9/22), infiltrative lesions (4/22), plaques (3/22), papules (1/22), cellulitis (2/22), granulomata (1/22), erythema with edema (1/22), and lipoma-like swelling (1/22) (Table 2). Only in 10 of the 22 patients was there a history of trauma prior to infection. Nine of the 22 cases reported contact with avian excreta. In 8 of the 22 cases, the source of infection was totally unknown.

Concerning the kind of inflammation, it should be kept in mind that the different well-known patterns or stages of cutaneous cryptococcosis (suppurative, gelatinous, and granulomatous) are reflecting the dynamic process and ability of the hosts' immune system to get rid of the infectious agents, which usually takes a few years. As PCC is a rare event in immunocompetent patients, unlike in systemic disease, treatment in this setting is not well defined.

Nonetheless, itraconazole was effective in curing the lesions in 10/22 cases; 8 of these cases were treated with itraconazole only, whereas in 1 case itraconazole was the final treatment after switching from fluconazole (case 3) and in 1 case itraconazole was the final treatment after previous treatment with fluconazole and amphotericin (case 5).

Fluconazole alone was administered in 11/22 cases, but healing could only be achieved in 9 of these cases; in the remaining 2 cases (cases 3 and 5), it was necessary to switch to itraconazole and in 1 case healing was achieved after combined treatment with fluconazole and amphotericin (case 15). The range of itraconazole dosage was 100–400 mg/day for a duration of 3–6 months. The range of fluconazole dosage was 200–800 mg/day for a duration of 2 weeks to 1 year.

Two of the 22 cases reviewed, including ours, had also undergone surgical debridement before being given itraconazole. One patient (case 18) healed without treatment, and in 1 case the treatment is unknown (case 2).

Despite the limited number of cases, itraconazole seems to be the most effective treatment. Fluconazole showed high efficacy as well; however, in 2 cases, treatment had to be switched to itraconazole as the final treatment. In our patient, surgical debridement in combination with a prolonged therapy with itraconazole was very effective in clearing the lesions within 6 months (Fig. 3).

Conclusion

PCC is a rare primary infection limited to the skin which can heal without further systemic dissemination in individuals with a competent immune system. Based on our experience and the reviewed cases, itraconazole seems to be the most effective treatment.

Statement of Ethics

The research was conducted ethically in accordance with the World Medical Association Declaration of Helsinki. The patient has given written informed consent for the publication of this case report (including images).

Conflict of Interest Statement

The authors have no conflicts of interest to declare.

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Author Contributions

All authors have made substantial contributions to all of the following: (1) the conception and design of the review and the analysis and interpretation of data; (2) drafting the article or revising it critically for important intellectual content; and (3) final approval of the version to be submitted.

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Fig. 1. **a** Initial cutaneous necrosis of the right thumb of a 60-year-old woman. **b** Two days after hospitalization and after surgical debridement of the necrotic parts of the right thumb.

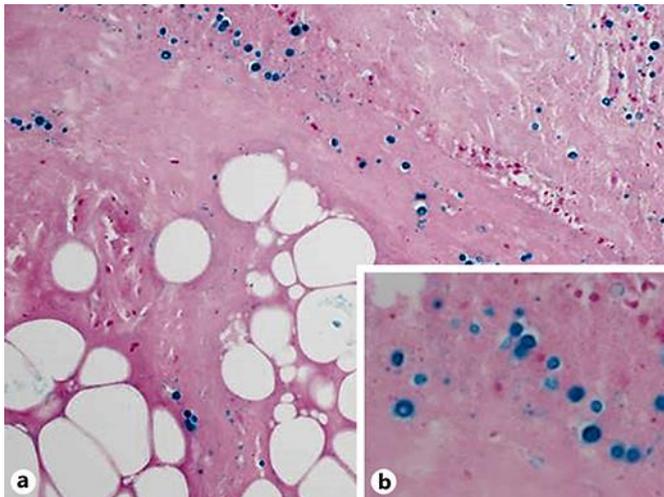


Fig. 2. **a** Histology of the surgical debridement of the right thumb. Fibrinoid-necrotic, subcutaneous adipose tissue with hemorrhage and evidence of mucin-positive spores. Colloidal iron. $\times 200$. **b** The mucin-positive spores had a halo or a slime capsule. Colloidal iron. $\times 400$.

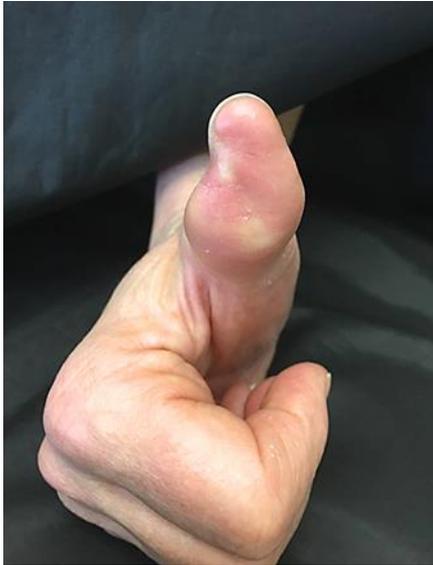


Fig. 3. Right thumb after 6 months of itraconazole treatment 100 mg twice daily. Note the loss of substance to the fingertip.

Table 1. Diagnostic clinical criteria for primary cutaneous cryptococcosis according to Noble and Fajardo [10]

1	Absence of infection in other organs
2	<i>Cryptococcus neoformans</i> must be isolated from skin
3	Absence of extracutaneous infection within 4 weeks after the primary cutaneous cryptococcosis diagnosis

Table 2. Demographic and clinical data on immunocompetent patients with primary cutaneous cryptococcosis

Case No.	Study [Ref.]	Year of report	Age, years/gender	Predisposing factor(s)	Clinical manifestation(s)	Treatment (drug/daily dose/duration of treatment)	Outcome
1	Revenge et al. [2]	2002	46/M	Trauma	Cellulitis in third right finger	ITZ 200 mg/d, 10 months + surgical excision + ITZ 200 mg/d 1 month	Cured
2	Al-Marzooq et al. [13]	2005	43/M	Unknown	Nodules on forehead and in lumbar region	Unknown	Cured

3	Xiujiao and Ai'e [14]	2005	35/M	Unknown	Painless nodules on thigh	ITZ 400 mg/d, 3 days, then FCZ 200 mg/d for 14 days, then ITZ 200 mg/d for 2 months	Cured
4	Kumar et al. [15]	2005	40/M	Unknown	Painless subcutaneous lipoma-like swelling of abdominal flank	FCZ (dosage and time not reported)	Cured
5	Yuge et al. [16]	2006	75/F	Unknown	Erythematous plaque on forearm	FCZ 400 mg/d, 3 months, then AMB 50 mg, 3 times a week for 15 weeks, then ITZ 200 mg/d for 6 months	Cured
6	Allegue et al. [17]	2007	71/M	Unknown	Painful erythematous and edematous, whitlow-like skin of right thumb	FCZ 400 mg/d, 1 month, then 200 mg/d, 2 months	Cured
7	Pau et al. [1]	2010	58/M	Trauma	Growing nodule from hand to forearm	ITZ 200 mg/d for 4 months	Cured
8	Werchniak and Baughman [18]	2010	81/M	Trauma and contact with avian excreta	Asymptomatic nodule on forearm	ITZ 200 mg/d for 3 months	Cured
9	Nasser et al. [19]	2011	67/M	Trauma and contact with avian excreta	Itching nodule, ulceration on forearm	FCZ 450 mg/d for 40 days	Cured
10	Spiliopoulou et al. [20]	2012	58/M	Unknown	Granulomatous lesion with ulcer on hand	FCZ 200 mg/d, 2 weeks	Cured
11	Spiliopoulou et al. [20]	2012	67/F	Contact with avian excreta	Painful cellulitis with ulceration on finger	Surgery and 2 weeks of 200 mg/d FCZ, then 2 weeks of FCZ 100 mg/d	Cured
12	Marques et al. [21]	2012	72/M	Trauma and contact with avian excreta	Infiltrative or tumoral-aspect lesion of forearm	ITZ 200 mg/d for 3 months	Cured
13	Marques et al. [21]	2012	79/M	Trauma and contact with avian excreta	Infiltrative or tumoral-aspect lesion of arm and forearm	FCZ 300 mg/d for 2 months	Cured
14	Marques et al. [21]	2012	70/M	Unknown	Infiltrative or tumoral-aspect lesion of forearm	ITZ 100 mg/d for 3 months	Cured
15	Marques et al. [21]	2012	75/F	Trauma and contact with avian excreta	Infiltrative or tumoral-aspect lesion of forearm	FCZ 400 mg/d, 3 months, + AMB total 2,250 mg	Cured
16	Narváez-Moreno et al. [22]	2012	66/M	Contact with avian excreta	Asymptomatic nodules, ulcer and molluscum-like papules on penis	ITZ 400 mg/d for 3 months	Cured
17	Jackson and Herring [23]	2015	73/M	Trauma	Multiple nodules and ulcers in sporotrichoid pattern on right third and fourth digits and distal forearm	ITZ 200 mg/d for 5 months, then ITZ 100 mg/d for 1 month	Cured
18	Hyde et al. [24]	2016	10/F	Unknown	Ulcerated nodule on right foot	No treatment	Cured
19	Henderson and Dreyer [25]	2018	69/M	Trauma	Ulcer, bullous lesions, and edema on right arm	FCZ 400 mg/d for 1 year	Cured
20	Twede and Peters [26]	2018	28/F	Trauma and contact with avian excreta	Annular erythematous plaque lesions on shins and calves	FCZ 200 mg twice daily for 6 months	Cured
21	Beatson et al. [27]	2019	80/M	Pigeon breeder	Ulcerated plaques on left cheek and right ear	FCZ 200 mg/d for 2 months	Cured
22	Present case	2021	60/F	Trauma	Erythematous ulcerated nodule, suppuration, and central necrosis of right thumb	Surgery, then ITZ 200 mg/d daily for 6 months	Cured

M, male; F, female; d, day; AMB, amphotericin B; FCZ, fluconazole; ITZ, itraconazole.